

Top Times Report for Declan J Allred**Age: 16 Birthdate: 4/5/2007**

Time	P/F/S					
50 Free						
NS Y	F	10/1/2022	GCISD SPRINT PENTATHLON			
23.14 Y N	F	23.14Y	25.69S	26.49L	12/7/2023	NORTH DALLAS TISCA
23.58 Y N	F	23.58Y	26.17S	26.97L	1/18/2024	NISD SENIOR MEET
23.58 Y N	P	23.58Y	26.17S	26.97L	12/7/2023	NORTH DALLAS TISCA
23.62 Y N	F	23.62Y	26.22S	27.02L	12/7/2023	NORTH DALLAS TISCA
23.63 Y L	F	23.63Y	26.23S	27.03L	1/25/2024	DISTRICT 5-5A
23.79 Y	F	23.79Y	26.41S	27.21L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
23.81 Y	F	23.81Y	26.43S	27.23L	1/25/2024	DISTRICT 5-5A
23.83 Y L	F	23.83Y	26.45S	27.25L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
23.86 Y L	P	23.86Y	26.48S	27.28L	2/23/2024	2024 5A STATE MEET
23.99 Y N	F	23.99Y	26.63S	27.43L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
24.07 Y N	P	24.07Y	26.72S	27.52L	12/7/2023	NORTH DALLAS TISCA
24.10 Y	P	24.10Y	26.75S	27.55L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
24.18 Y N	F	24.18Y	26.84S	27.64L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
24.25 Y N	F	24.25Y	26.92S	27.72L	1/18/2024	NISD SENIOR MEET
24.27 Y N	F	24.27Y	26.94S	27.74L	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA
24.31 Y N	F	24.31Y	26.98S	27.78L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
24.36 Y L	P	24.36Y	27.04S	27.84L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
24.95 Y	F	24.95Y	27.69S	28.49L	7/15/2023	NTSL 2023 CHAMPIONSHIP MEET
25.05 Y	F	25.05Y	27.81S	28.61L	1/18/2024	NISD SENIOR MEET
25.34 Y L	F	25.34Y	28.13S	28.93L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
25.43 Y	F	25.43Y	28.23S	29.03L	9/16/2023	NISD TIME TRIALS
25.47 Y	F	25.47Y	28.27S	29.07L	1/20/2023	DISTRICT 5-5A
25.49 Y	F	25.49Y	28.29S	29.09L	6/28/2023	NORTHWEST V ARLINGTON 2023
25.53 Y L	F	25.53Y	28.34S	29.14L	1/20/2023	DISTRICT 5-5A
25.54 Y L	P	25.54Y	28.35S	29.15L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
25.62 Y N	F	25.62Y	28.44S	29.24L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
25.63 Y	F	25.63Y	28.45S	29.25L	9/30/2023	GCISD SPRINT PENTATHLON
25.73 Y N	F	25.73Y	28.56S	29.36L	12/8/2022	NORTH DALLAS TISCA
25.88 Y	F	25.88Y	28.73S	29.53L	1/10/2023	NISD SENIOR MEET
25.94 Y N	F	25.94Y	28.79S	29.59L	12/8/2022	NORTH DALLAS TISCA
26.24 Y N	P	26.24Y	29.13S	29.93L	12/8/2022	NORTH DALLAS TISCA
26.25 Y N	F	26.25Y	29.14S	29.94L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
26.43 Y	F	26.43Y	29.34S	30.14L	6/10/2023	NARWHALS TIME TRIALS 2023
26.47 Y N	P	26.47Y	29.38S	30.18L	12/8/2022	NORTH DALLAS TISCA
26.78 Y	F	26.78Y	29.73S	30.53L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
26.89 Y N	F	26.89Y	29.85S	30.65L	11/12/2022	CFB NON-TISCA
26.92 Y N	F	26.92Y	29.88S	30.68L	7/16/2022	NTSL REGIONAL MEET 2022
26.95 Y	P	26.95Y	29.91S	30.71L	12/8/2022	NORTH DALLAS TISCA
27.01 Y N	F	27.01Y	29.98S	30.78L	10/14/2022	NISD 5A INVITATIONAL
27.03 Y N	F	27.03Y	30.00S	30.80L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
27.06 Y N	F	27.06Y	30.04S	30.84L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST
27.08 Y	F	27.08Y	30.06S	30.86L	10/20/2022	NORTHWEST V BIRDVILLE V HALTOM V RICHL
27.18 Y N	F	27.18Y	30.17S	30.97L	1/10/2023	NISD SENIOR MEET
27.36 Y	F	27.36Y	30.37S	31.17L	9/17/2022	NISD TIME TRIALS
27.37 Y L	F	27.37Y	30.38S	31.18L	10/20/2022	NORTHWEST V BIRDVILLE V HALTOM V RICHL
27.63 Y	F	27.63Y	30.67S	31.47L	7/16/2022	NTSL REGIONAL MEET 2022
27.78 Y	F	27.78Y	30.84S	31.64L	6/29/2022	NARWHALS V MAKOS
27.99 Y N	F	27.99Y	31.07S	31.87L	6/29/2022	NARWHALS V MAKOS
28.52 Y N	F	28.52Y	31.66S	32.46L	6/16/2021	NARWHALS V SUNFISH
28.57 Y	F	28.57Y	31.71S	32.51L	7/17/2021	NORTH TEXAS SUMMER LEAGUE CHAMPIONSH

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Actual	P/F/S	SCY	SCM	LCM		
28.94 Y	F	28.94Y	32.12S	32.92L	6/5/2021	NARWHALS TIME TRIALS
29.56 Y L	F	29.56Y	32.81S	33.61L	7/17/2021	NORTH TEXAS SUMMER LEAGUE CHAMPIONS
30.59 Y	F	30.59Y	33.95S	34.75L	6/16/2021	NARWHALS V SUNFISH
100 Free						
DQ Y	F	10/27/2022	NORTHWEST V WICHITA FALLS			
29.63		33.67				
7A False start						
53.64 Y	F	53.64Y	59.54S	1:01.14L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
25.00		28.64				
54.25 Y L	F	54.25Y	1:00.22S	1:01.82L	1/25/2024	DISTRICT 5-5A
25.85						
54.27 Y	F	54.27Y	1:00.24S	1:01.84L	1/25/2024	DISTRICT 5-5A
26.24		28.03				
54.32 Y	F	54.32Y	1:00.30S	1:01.90L	12/7/2023	NORTH DALLAS TISCA
26.21		28.11				
54.42 Y	P	54.42Y	1:00.41S	1:02.01L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
25.68		28.74				
55.74 Y	P	55.74Y	1:01.87S	1:03.47L	12/7/2023	NORTH DALLAS TISCA
26.39		29.35				
55.84 Y	F	55.84Y	1:01.98S	1:03.58L	11/11/2023	CFB NON-TISCA
25.88		29.96				
56.69 Y N	F	56.69Y	1:02.93S	1:04.53L	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA
57.56 Y	F	57.56Y	1:03.89S	1:05.49L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
26.26		31.30				
58.15 Y	F	58.15Y	1:04.55S	1:06.15L	9/16/2023	NISD TIME TRIALS
26.89		31.26				
58.28 Y	F	58.28Y	1:04.69S	1:06.29L	7/15/2023	NTSL 2023 CHAMPIONSHIP MEET
27.65		30.63				
58.63 Y N	F	58.63Y	1:05.08S	1:06.68L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
59.05 Y L	F	59.05Y	1:05.55S	1:07.15L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
27.03						
59.79 Y N	F	59.79Y	1:06.37S	1:07.97L	12/8/2022	NORTH DALLAS TISCA
1:00.25 Y N	P	1:00.25Y	1:06.88S	1:08.48L	12/8/2022	NORTH DALLAS TISCA
1:02.05 Y N	F	1:02.05Y	1:08.88S	1:10.48L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
1:03.53 Y	F	1:03.53Y	1:10.52S	1:12.12L	10/14/2022	NISD 5A INVITATIONAL
29.81		33.72				
1:03.93 Y	F	1:03.93Y	1:10.96S	1:12.56L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST
30.03		33.90				
1:05.30 Y	F	1:05.30Y	1:12.48S	1:14.08L	7/16/2022	NTSL REGIONAL MEET 2022
29.66		35.64				
1:06.00 Y	F	1:06.00Y	1:13.26S	1:14.86L	6/29/2022	NARWHALS V MAKOS
29.55		36.45				
1:10.73 Y	F	1:10.73Y	1:18.51S	1:20.11L	9/17/2022	NISD TIME TRIALS
30.88		39.85				
200 Free						
2:11.22 Y	F	2:11.22Y	2:25.65S	2:28.85L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
29.28		33.85	35.33	32.76		
2:11.72 Y	F	2:11.72Y	2:26.21S	2:29.41L	1/18/2024	NISD SENIOR MEET
28.32		34.96	35.51	32.93		
2:22.84 Y	F	2:22.84Y	2:38.55S	2:41.75L	11/12/2022	CFB NON-TISCA
30.50		36.73	38.95	36.66		
2:29.17 Y	F	2:29.17Y	2:45.58S	2:48.78L	10/14/2022	NISD 5A INVITATIONAL
31.44		36.80	40.69	40.24		

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500 Free						
6:08.19 Y	F	6:08.19Y	5:25.37S	5:31.77L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
		29.89	35.97	37.62	39.17	37.89 38.61 38.08
		37.21	34.98			
6:15.47 Y	F	6:15.47Y	5:31.74S	5:38.14L	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA
		29.52	35.29	38.04	39.48	39.65 40.13 39.33
		39.38	36.03			
6:22.89 Y	F	6:22.89Y	5:38.23S	5:44.63L	1/10/2023	NISD SENIOR MEET
		29.75	35.83	37.71	40.14	40.95 39.08 41.38
		36.84	42.64			
50 Back						
32.93 Y	F	32.93Y	36.55S	37.15L	9/16/2023	NISD TIME TRIALS
33.68 Y	F	33.68Y	37.38S	37.98L	9/30/2023	GCISD SPRINT PENTATHLON
34.80 Y	F	34.80Y	38.63S	39.23L	6/10/2023	NARWHALS TIME TRIALS 2023
36.53 Y	F	36.53Y	40.55S	41.15L	10/1/2022	GCISD SPRINT PENTATHLON
36.66 Y	F	36.66Y	40.69S	41.29L	9/20/2019	TIME TRIALS
37.13 Y	F	37.13Y	41.21S	41.81L	9/17/2022	NISD TIME TRIALS
37.47 Y	F	37.47Y	41.59S	42.19L	7/16/2022	NTSL REGIONAL MEET 2022
38.26 Y	F	38.26Y	42.47S	43.07L	7/17/2021	NORTH TEXAS SUMMER LEAGUE CHAMPIONSH
38.97 Y	F	38.97Y	43.26S	43.86L	6/5/2021	NARWHALS TIME TRIALS
39.39 Y	F	39.39Y	43.72S	44.32L	6/16/2021	NARWHALS V SUNFISH
100 Back						
1:12.38 Y	F	1:12.38Y	1:20.34S	1:21.54L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
		35.21	37.17			
1:20.73 Y	F	1:20.73Y	1:29.61S	1:30.81L	10/27/2022	NORTHWEST V WICHITA FALLS
	---	1:20.73				
50 Breast						
32.61 Y N	F	32.61Y	36.20S	37.20L	11/11/2023	CFB NON-TISCA
33.80 Y	F	33.80Y	37.52S	38.52L	9/30/2023	GCISD SPRINT PENTATHLON
34.21 Y N	F	34.21Y	37.97S	38.97L	1/10/2023	NISD SENIOR MEET
34.58 Y	F	34.58Y	38.38S	39.38L	9/16/2023	NISD TIME TRIALS
35.08 Y N	F	35.08Y	38.94S	39.94L	10/27/2022	NORTHWEST V WICHITA FALLS
37.30 Y	F	37.30Y	41.40S	42.40L	6/10/2023	NARWHALS TIME TRIALS 2023
37.52 Y	F	37.52Y	41.65S	42.65L	9/20/2019	TIME TRIALS
38.94 Y	F	38.94Y	43.22S	44.22L	7/17/2021	NORTH TEXAS SUMMER LEAGUE CHAMPIONSH
39.28 Y	F	39.28Y	43.60S	44.60L	10/1/2022	GCISD SPRINT PENTATHLON
39.47 Y	F	39.47Y	43.81S	44.81L	9/17/2022	NISD TIME TRIALS
41.64 Y	F	41.64Y	46.22S	47.22L	6/16/2021	NARWHALS V SUNFISH
42.06 Y	F	42.06Y	46.69S	47.69L	6/5/2021	NARWHALS TIME TRIALS
100 Breast						
1:12.01 Y	F	1:12.01Y	1:19.93S	1:21.93L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V I
		33.56	38.45			
1:12.17 Y	P	1:12.17Y	1:20.11S	1:22.11L	12/7/2023	NORTH DALLAS TISCA
		33.02	39.15			
1:14.23 Y	F	1:14.23Y	1:22.40S	1:24.40L	11/11/2023	CFB NON-TISCA
		35.06	39.17			
1:17.99 Y	F	1:17.99Y	1:26.57S	1:28.57L	1/20/2023	DISTRICT 5-5A
		36.62	41.37			
1:23.26 Y	F	1:23.26Y	1:32.42S	1:34.42L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
		38.20	45.06			

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Actual	P/F/S	SCY	SCM	LCM		
1:23.86 Y	F	1:23.86Y	1:33.08S	1:35.08L	11/12/2022	CFB NON-TISCA
	38.67	45.19				
1:25.63 Y	F	1:25.63Y	1:35.05S	1:37.05L	10/20/2022	NORTHWEST V BIRDEVILLE V HALTOM V RICHL
	37.98	47.65				
50 Fly						
28.86 Y	F	28.86Y	32.03S	32.73L	9/16/2023	NISD TIME TRIALS
29.41 Y	F	29.41Y	32.65S	33.35L	9/30/2023	GCISD SPRINT PENTATHLON
31.03 Y	F	31.03Y	34.44S	35.14L	6/10/2023	NARWHALS TIME TRIALS 2023
31.15 Y	F	31.15Y	34.58S	35.28L	9/20/2019	TIME TRIALS
34.11 Y	F	34.11Y	37.86S	38.56L	10/1/2022	GCISD SPRINT PENTATHLON
37.51 Y	F	37.51Y	41.64S	42.34L	9/17/2022	NISD TIME TRIALS
43.90 Y	F	43.90Y	48.73S	49.43L	6/5/2021	NARWHALS TIME TRIALS
100 Fly						
1:07.48 Y	F	1:07.48Y	1:14.90S	1:16.30L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
	28.95	38.53				
1:17.33 Y	F	1:17.33Y	1:25.84S	1:27.24L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
	33.42	43.91				
100 IM						
NS Y	F	10/1/2022	GCISD SPRINT PENTATHLON			
1:09.49 Y	F	1:09.49Y	1:17.13S	1:18.73L	9/30/2023	GCISD SPRINT PENTATHLON
	31.80	37.69				
200 IM						
DQ Y	F	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H			
	35.84	47.24	46.42	37.43		
2L Shoulders past vertical toward breast - back						
2:29.08 Y	F	2:29.08Y	2:45.48S	2:48.68L	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA
	30.00	40.63	44.15	34.30		
2:38.28 Y	F	2:38.28Y	2:55.69S	2:58.89L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST
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