

Top Times Report for Rebecca G Richardson**Age: 16 Birthdate: 10/22/2007**

	Actual	P/F/S	SCY	SCM	LCM		
50 Free							
	26.35 Y N	F	26.35Y	29.25S	30.05L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
	26.43 Y N	F	26.43Y	29.34S	30.14L	12/7/2023	NORTH DALLAS TISCA
	26.55 Y N	F	26.55Y	29.47S	30.27L	10/13/2023	NISD 5A INVITATIONAL
	26.58 Y N	P	26.58Y	29.50S	30.30L	2/23/2024	2024 5A STATE MEET
	26.60 Y N	F	26.60Y	29.53S	30.33L	1/25/2024	DISTRICT 5-5A
	26.90 Y N	F	26.90Y	29.86S	30.66L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
	27.18 Y N	P	27.18Y	30.17S	30.97L	12/7/2023	NORTH DALLAS TISCA
	27.20 Y N	F	27.20Y	30.19S	30.99L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
	27.21 Y N	F	27.21Y	30.20S	31.00L	1/18/2024	NISD SENIOR MEET
	27.63 Y	F	27.63Y	30.67S	31.47L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
	27.78 Y N	F	27.78Y	30.84S	31.64L	1/20/2023	DISTRICT 5-5A
	27.81 Y N	P	27.81Y	30.87S	31.67L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
	27.89 Y L	F	27.89Y	30.96S	31.76L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
	27.97 Y	F	27.97Y	31.05S	31.85L	8/1/2013	BEST TIMES - USA SWIMMING
	27.98 Y N	F	27.98Y	31.06S	31.86L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
	27.98 Y L	F	27.98Y	31.06S	31.86L	1/18/2024	NISD SENIOR MEET
	28.24 Y	F	28.24Y	31.35S	32.15L	1/18/2024	NISD SENIOR MEET
	28.46 Y N	P	28.46Y	31.59S	32.39L	12/8/2022	NORTH DALLAS TISCA
	28.49 Y N	F	28.49Y	31.62S	32.42L	1/10/2023	NISD SENIOR MEET
	28.49 Y N	F	28.49Y	31.62S	32.42L	12/8/2022	NORTH DALLAS TISCA
	28.65 Y N	P	28.65Y	31.80S	32.60L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
	28.81 Y N	F	28.81Y	31.98S	32.78L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
X	28.81 Y	F	28.81Y	31.98S	32.78L	9/17/2022	NISD TIME TRIALS
	28.82 Y N	F	28.82Y	31.99S	32.79L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST
	29.24 Y N	F	29.24Y	32.46S	33.26L	10/27/2022	NORTHWEST V WICHITA FALLS
	29.26 Y N	F	29.26Y	32.48S	33.28L	10/14/2022	NISD 5A INVITATIONAL
	29.28 Y N	F	29.28Y	32.50S	33.30L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
	29.30 Y	F	29.30Y	32.52S	33.32L	10/27/2022	NORTHWEST V WICHITA FALLS
	29.53 Y	F	29.53Y	32.78S	33.58L	10/20/2022	NORTHWEST V BIRDVILLE V HALTOM V RICHL
	29.67 Y	F	29.67Y	32.93S	33.73L	9/16/2023	NISD TIME TRIALS
100 Free							
	56.76 Y N	F	56.76Y	1:03.00S	1:04.60L	12/7/2023	NORTH DALLAS TISCA
	57.71 Y N	F	57.71Y	1:04.06S	1:05.66L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
	58.33 Y	F	58.33Y	1:04.75S	1:06.35L	8/1/2013	BEST TIMES - USA SWIMMING
	58.48 Y N	P	58.48Y	1:04.91S	1:06.51L	2/17/2023	2023 STATE 5A
	59.23 Y N	F	59.23Y	1:05.75S	1:07.35L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
	59.43 Y L	F	59.43Y	1:05.97S	1:07.57L	1/25/2024	DISTRICT 5-5A
	28.71						
	59.60 Y L	P	59.60Y	1:06.16S	1:07.76L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
	28.95						
	59.71 Y	F	59.71Y	1:06.28S	1:07.88L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
	28.60		31.11				
	59.99 Y N	F	59.99Y	1:06.59S	1:08.19L	1/20/2023	DISTRICT 5-5A
	1:00.02 Y N	P	1:00.02Y	1:06.62S	1:08.22L	12/7/2023	NORTH DALLAS TISCA
	1:00.25 Y N	F	1:00.25Y	1:06.88S	1:08.48L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
	1:00.50 Y	F	1:00.50Y	1:07.16S	1:08.76L	9/16/2023	NISD TIME TRIALS
	29.33		31.17				
	1:00.63 Y	F	1:00.63Y	1:07.30S	1:08.90L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
	29.39		31.24				
	1:00.75 Y L	F	1:00.75Y	1:07.43S	1:09.03L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
	29.03						

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Actual		P/F/S	SCY	SCM	LCM		
1:01.54 Y L		F	1:01.54Y	1:08.31S	1:09.91L	12/8/2022	NORTH DALLAS TISCA
	29.52						
1:01.67 Y L		F	1:01.67Y	1:08.45S	1:10.05L	10/13/2023	NISD 5A INVITATIONAL
	29.65						
1:02.71 Y L		P	1:02.71Y	1:09.61S	1:11.21L	12/8/2022	NORTH DALLAS TISCA
	30.31						
X 1:03.06 Y		F	1:03.06Y	1:10.00S	1:11.60L	9/17/2022	NISD TIME TRIALS
	30.65		32.41				
1:03.21 Y N		P	1:03.21Y	1:10.16S	1:11.76L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
1:03.42 Y L		F	1:03.42Y	1:10.40S	1:12.00L	10/20/2022	NORTHWEST V BIRDEVILLE V HALTOM V RICHL
	30.91						
1:03.47 Y N		F	1:03.47Y	1:10.45S	1:12.05L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
1:03.78 Y N		F	1:03.78Y	1:10.80S	1:12.40L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST
1:04.03 Y L		F	1:04.03Y	1:11.07S	1:12.67L	1/10/2023	NISD SENIOR MEET
	30.98						
1:04.16 Y N		F	1:04.16Y	1:11.22S	1:12.82L	10/27/2022	NORTHWEST V WICHITA FALLS
1:04.66 Y		F	1:04.66Y	1:11.77S	1:13.37L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
	31.54		33.12				
1:05.45 Y N		F	1:05.45Y	1:12.65S	1:14.25L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
1:05.95 Y L		F	1:05.95Y	1:13.20S	1:14.80L	10/14/2022	NISD 5A INVITATIONAL
	32.17						
200 Free							
2:02.78 Y		F	2:02.78Y	2:16.29S	2:19.49L	12/7/2023	NORTH DALLAS TISCA
	28.22		31.17	32.36	31.03		
2:03.15 Y		F	2:03.15Y	2:16.70S	2:19.90L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
	28.30		30.79	32.32	31.74		
2:04.15 Y		F	2:04.15Y	2:17.81S	2:21.01L	8/1/2013	BEST TIMES - USA SWIMMING
2:05.28 Y		P	2:05.28Y	2:19.06S	2:22.26L	2/23/2024	2024 5A STATE MEET
	28.38		31.32	32.93	32.65		
2:06.57 Y		F	2:06.57Y	2:20.49S	2:23.69L	1/25/2024	DISTRICT 5-5A
	28.97		31.93	33.30	32.37		
2:08.04 Y		F	2:08.04Y	2:22.12S	2:25.32L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
	29.61		32.58	33.68	32.17		
2:08.32 Y		F	2:08.32Y	2:22.44S	2:25.64L	1/20/2023	DISTRICT 5-5A
	29.30		33.08	33.73	32.21		
2:08.60 Y		P	2:08.60Y	2:22.75S	2:25.95L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
	29.26		32.35	33.77	33.22		
2:09.09 Y		P	2:09.09Y	2:23.29S	2:26.49L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
	30.10		33.16	33.39	32.44		
2:09.64 Y		F	2:09.64Y	2:23.90S	2:27.10L	10/13/2023	NISD 5A INVITATIONAL
	29.58		33.08	34.14	32.84		
2:10.26 Y		P	2:10.26Y	2:24.59S	2:27.79L	12/7/2023	NORTH DALLAS TISCA
	29.40		33.07	34.53	33.26		
2:12.12 Y		F	2:12.12Y	2:26.65S	2:29.85L	12/8/2022	NORTH DALLAS TISCA
	29.65		33.73	35.17	33.57		
2:12.62 Y		F	2:12.62Y	2:27.21S	2:30.41L	1/18/2024	NISD SENIOR MEET
	30.59		33.95	34.99	33.09		
2:14.29 Y		P	2:14.29Y	2:29.06S	2:32.26L	12/8/2022	NORTH DALLAS TISCA
	30.40		34.43	35.71	33.75		
2:20.05 Y		F	2:20.05Y	2:35.46S	2:38.66L	10/14/2022	NISD 5A INVITATIONAL
	31.84		35.90	37.26	35.05		
2:21.09 Y		F	2:21.09Y	2:36.61S	2:39.81L	1/10/2023	NISD SENIOR MEET
	32.39		35.90	37.24	35.56		

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Actual	P/F/S	SCY	SCM	LCM					
500 Free									
5:29.52 Y	F	5:29.52Y	4:51.53S	4:57.93L	8/1/2013	BEST TIMES - USA SWIMMING			
5:30.55 Y	F	5:30.55Y	4:52.43S	4:58.83L	12/7/2023	NORTH DALLAS TISCA			
		29.03	32.30	33.02	34.30	34.08	34.50	34.16	33.93
		33.75	31.48						
5:32.53 Y	F	5:32.53Y	4:54.16S	5:00.56L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP			
		28.92	32.07	33.31	33.59	34.59	34.10	34.41	34.36
		34.52	32.66						
5:37.80 Y	P	5:37.80Y	4:58.78S	5:05.18L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP			
		29.32	32.94	33.82	34.24	34.49	34.61	34.90	34.96
		34.81	33.71						
5:40.52 Y	F	5:40.52Y	5:01.16S	5:07.56L	1/25/2024	DISTRICT 5-5A			
		30.11	33.44	34.54	34.96	34.51	34.81	34.54	35.28
		35.72	32.61						
5:42.59 Y	F	5:42.59Y	5:02.97S	5:09.37L	10/13/2023	NISD 5A INVITATIONAL			
		30.94	34.85	35.55	34.81	34.84	34.89	34.98	34.96
		34.66	32.11						
5:45.50 Y	F	5:45.50Y	5:05.51S	5:11.91L	1/20/2023	DISTRICT 5-5A			
		31.02	34.76	35.82	35.50	35.57	35.29	35.56	35.11
		34.56	32.31						
5:48.05 Y	P	5:48.05Y	5:07.74S	5:14.14L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP			
		30.82	34.26	35.37	35.58	35.34	35.61	36.26	35.90
		35.79	33.12						
5:48.84 Y	P	5:48.84Y	5:08.44S	5:14.84L	12/7/2023	NORTH DALLAS TISCA			
		30.26	34.27	36.02	35.89	36.22	35.69	35.80	35.80
		35.98	32.91						
5:48.84 Y	F	5:48.84Y	5:08.44S	5:14.84L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP			
		30.86	34.51	35.11	35.32	35.74	35.65	34.93	35.92
		35.96	34.84						
5:54.97 Y	F	5:54.97Y	5:13.80S	5:20.20L	12/8/2022	NORTH DALLAS TISCA			
		30.63	34.66	35.72	36.44	36.65	36.70	36.93	36.18
		36.53	34.53						
6:03.76 Y	P	6:03.76Y	5:21.49S	5:27.89L	12/8/2022	NORTH DALLAS TISCA			
		30.52	34.79	37.01	37.92	37.36	37.85	38.01	38.38
		---	6:03.76						
6:08.12 Y	F	6:08.12Y	5:25.30S	5:31.70L	10/14/2022	NISD 5A INVITATIONAL			
		33.18	36.48	37.41	37.67	38.27	37.47	37.90	38.02
		37.20	34.52						
50 Back									
32.71 Y	F	32.71Y	36.31S	36.91L	8/1/2013	BEST TIMES - USA SWIMMING			
34.12 Y	F	34.12Y	37.87S	38.47L	9/20/2019	TIME TRIALS			
34.14 Y	F	34.14Y	37.90S	38.50L	9/16/2023	NISD TIME TRIALS			
X 34.63 Y	F	34.63Y	38.44S	39.04L	9/17/2022	NISD TIME TRIALS			
100 Back									
NS Y	F	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA FALLS						
1:10.76 Y	F	1:10.76Y	1:18.54S	1:19.74L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT			
		34.42	36.34						
1:11.12 Y	F	1:11.12Y	1:18.94S	1:20.14L	8/1/2013	BEST TIMES - USA SWIMMING			
1:13.23 Y	F	1:13.23Y	1:21.29S	1:22.49L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST			
		35.63	37.60						
1:14.19 Y	F	1:14.19Y	1:22.35S	1:23.55L	10/20/2022	NORTHWEST V BIRDVILLE V HALTOM V RICHL			
		37.06	37.13						

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Age: 16 Birthdate: 10/22/2007

Actual	P/F/S	SCY	SCM	LCM		
50 Breast						
39.88 Y	F	39.88Y	44.27S	45.27L	9/16/2023	NISD TIME TRIALS
40.46 Y	F	40.46Y	44.91S	45.91L	9/20/2019	TIME TRIALS
100 Breast						
1:21.56 Y	F	1:21.56Y	1:30.53S	1:32.53L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
	39.04	42.52				
1:24.89 Y	F	1:24.89Y	1:34.23S	1:36.23L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
	41.61	43.28				
1:26.72 Y	F	1:26.72Y	1:36.26S	1:38.26L	8/1/2013	BEST TIMES - USA SWIMMING
50 Fly						
31.82 Y N	F	31.82Y	35.32S	36.02L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
33.96 Y	F	33.96Y	37.70S	38.40L	9/16/2023	NISD TIME TRIALS
X 34.46 Y	F	34.46Y	38.25S	38.95L	9/17/2022	NISD TIME TRIALS
34.68 Y	F	34.68Y	38.49S	39.19L	9/20/2019	TIME TRIALS
100 Fly						
NS Y	F	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA FALLS			
1:16.61 Y	F	1:16.61Y	1:25.04S	1:26.44L	10/27/2022	NORTHWEST V WICHITA FALLS
	35.45	41.16				
1:16.87 Y	F	1:16.87Y	1:25.33S	1:26.73L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
	36.47	40.40				
1:17.12 Y	F	1:17.12Y	1:25.60S	1:27.00L	1/10/2023	NISD SENIOR MEET
	35.79	41.33				
1:17.31 Y	F	1:17.31Y	1:25.81S	1:27.21L	8/1/2013	BEST TIMES - USA SWIMMING
200 IM						
2:28.41 Y	F	2:28.41Y	2:44.74S	2:47.94L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
	33.25	39.10	43.26	32.80		
2:36.15 Y	F	2:36.15Y	2:53.33S	2:56.53L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
	36.30	39.70	45.58	34.57		
2:36.60 Y	F	2:36.60Y	2:53.83S	2:57.03L	8/1/2013	BEST TIMES - USA SWIMMING
2:44.10 Y	F	2:44.10Y	3:02.15S	3:05.35L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST
	37.47	43.57	45.61	37.45		