

Top Times Report for Ashley E Hickok
Age: 15 Birthdate: 5/25/2008

Actual	P/F/S	SCY	SCM	LCM		
50 Free						
25.38 Y	F	25.38Y	28.17S	28.97L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
25.61 Y N	F	25.61Y	28.43S	29.23L	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA
25.65 Y N	F	25.65Y	28.47S	29.27L	1/18/2024	NISD SENIOR MEET
25.78 Y	P	25.78Y	28.62S	29.42L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
26.45 Y L	F	26.45Y	29.36S	30.16L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
26.51 Y	F	26.51Y	29.43S	30.23L	1/25/2024	DISTRICT 5-5A
26.59 Y N	F	26.59Y	29.51S	30.31L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
26.76 Y	F	26.76Y	29.70S	30.50L	9/30/2023	GCISD SPRINT PENTATHLON
26.76 Y	F	26.76Y	29.70S	30.50L	8/1/2013	BEST TIMES - USA SWIMMING
26.86 Y	F	26.86Y	29.81S	30.61L	6/21/2023	KELLER V NORTHWEST 2023
27.01 Y N	F	27.01Y	29.98S	30.78L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V
27.01 Y	F	27.01Y	29.98S	30.78L	7/15/2023	NTSL 2023 CHAMPIONSHIP MEET
27.02 Y	F	27.02Y	29.99S	30.79L	6/10/2023	NARWHALS TIME TRIALS 2023
27.22 Y L	F	27.22Y	30.21S	31.01L	7/15/2023	NTSL 2023 CHAMPIONSHIP MEET
27.41 Y	F	27.41Y	30.43S	31.23L	9/16/2023	NISD TIME TRIALS
27.48 Y N	F	27.48Y	30.50S	31.30L	1/10/2023	NISD SENIOR MEET
29.16 Y	F	29.16Y	32.37S	33.17L	9/17/2022	NISD TIME TRIALS
29.37 Y N	F	29.37Y	32.60S	33.40L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA
29.66 Y N	F	29.66Y	32.92S	33.72L	7/16/2022	NTSL REGIONAL MEET 2022
29.66 Y	F	29.66Y	32.92S	33.72L	7/16/2022	NTSL REGIONAL MEET 2022
29.94 Y L	F	29.94Y	33.23S	34.03L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H
30.07 Y	F	30.07Y	33.38S	34.18L	6/22/2022	NARWHALS V SUNFISH
30.85 Y	F	30.85Y	34.24S	35.04L	6/29/2022	NARWHALS V MAKOS
31.44 Y	F	31.44Y	34.90S	35.70L	6/11/2022	NORTHWEST NARWHALS TIME TRIALS
100 Free						
55.00 Y N	F	55.00Y	1:01.05S	1:02.65L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
55.22 Y N	F	55.22Y	1:01.29S	1:02.89L	12/7/2023	NORTH DALLAS TISCA
55.88 Y N	P	55.88Y	1:02.03S	1:03.63L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
56.80 Y	F	56.80Y	1:03.05S	1:04.65L	1/18/2024	NISD SENIOR MEET
	27.68	29.12				
57.10 Y N	F	57.10Y	1:03.38S	1:04.98L	10/13/2023	NISD 5A INVITATIONAL
57.26 Y L	P	57.26Y	1:03.56S	1:05.16L	12/7/2023	NORTH DALLAS TISCA
	27.34					
57.73 Y N	F	57.73Y	1:04.08S	1:05.68L	11/2/2023	NORTHWEST V SMITH V TURNER V RANCHVIEW
58.00 Y	F	58.00Y	1:04.38S	1:05.98L	9/16/2023	NISD TIME TRIALS
	27.71	30.29				
58.27 Y	F	58.27Y	1:04.68S	1:06.28L	8/1/2013	BEST TIMES - USA SWIMMING
58.45 Y N	F	58.45Y	1:04.88S	1:06.48L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
58.65 Y	F	58.65Y	1:05.10S	1:06.70L	7/15/2023	NTSL 2023 CHAMPIONSHIP MEET
	27.97	30.68				
58.79 Y	F	58.79Y	1:05.26S	1:06.86L	6/28/2023	NORTHWEST V ARLINGTON 2023
	28.09	30.70				
59.03 Y N	F	59.03Y	1:05.52S	1:07.12L	1/25/2024	DISTRICT 5-5A
59.76 Y L	P	59.76Y	1:06.33S	1:07.93L	2/17/2023	2023 STATE 5A
	28.32					
1:00.69 Y L	F	1:00.69Y	1:07.37S	1:08.97L	1/20/2023	DISTRICT 5-5A
	28.94					
1:01.31 Y L	P	1:01.31Y	1:08.05S	1:09.65L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
	29.57					
1:01.39 Y L	F	1:01.39Y	1:08.14S	1:09.74L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
	29.15					
1:03.88 Y N	F	1:03.88Y	1:10.91S	1:12.51L	12/8/2022	NORTH DALLAS TISCA

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Actual	P/F/S	SCY	SCM	LCM				
1:04.42 Y	F	1:04.42Y	1:11.51S	1:13.11L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA		
30.12		34.30						
1:04.58 Y L	F	1:04.58Y	1:11.68S	1:13.28L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST		
30.89								
1:04.87 Y N	P	1:04.87Y	1:12.01S	1:13.61L	12/8/2022	NORTH DALLAS TISCA		
1:05.14 Y N	F	1:05.14Y	1:12.31S	1:13.91L	11/12/2022	CFB NON-TISCA		
1:06.53 Y	F	1:06.53Y	1:13.85S	1:15.45L	9/17/2022	NISD TIME TRIALS		
31.73		34.80						
1:06.78 Y N	F	1:06.78Y	1:14.13S	1:15.73L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H		
1:06.81 Y N	F	1:06.81Y	1:14.16S	1:15.76L	10/14/2022	NISD 5A INVITATIONAL		
1:09.80 Y N	F	1:09.80Y	1:17.48S	1:19.08L	10/27/2022	NORTHWEST V WICHITA FALLS		
200 Free								
2:05.74 Y	F	2:05.74Y	2:19.57S	2:22.77L	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA		
28.41		31.12	32.64	33.57				
2:08.15 Y	F	2:08.15Y	2:22.25S	2:25.45L	8/1/2013	BEST TIMES - USA SWIMMING		
2:27.31 Y	F	2:27.31Y	2:43.51S	2:46.71L	11/3/2022	NORTHWEST V CREEKVIEW V MIDLOTHIAN H		
33.56		38.55	39.97	35.23				
500 Free								
5:43.79 Y	F	5:43.79Y	5:04.02S	5:10.42L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V		
30.74		34.79	35.07	35.52	35.37	35.47	35.47	35.12
34.06		32.18						
5:51.72 Y	F	5:51.72Y	5:10.96S	5:17.36L	8/1/2013	BEST TIMES - USA SWIMMING		
6:26.58 Y	F	6:26.58Y	5:41.46S	5:47.86L	11/12/2022	CFB NON-TISCA		
34.06		38.35	39.47	39.72	40.79	39.84	40.49	39.96
37.50		36.40						
50 Back								
DQ Y	F	7/16/2022	NTSL REGIONAL MEET 2022					
2C Delay initiating turn								
28.93 Y L	F	28.93Y	32.11S	32.71L	1/18/2024	NISD SENIOR MEET		
29.04 Y L	F	29.04Y	32.23S	32.83L	12/7/2023	NORTH DALLAS TISCA		
29.15 Y L	P	29.15Y	32.36S	32.96L	12/7/2023	NORTH DALLAS TISCA		
29.21 Y L	F	29.21Y	32.42S	33.02L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP		
29.64 Y L	F	29.64Y	32.90S	33.50L	1/25/2024	DISTRICT 5-5A		
29.68 Y L	P	29.68Y	32.94S	33.54L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP		
29.84 Y L	P	29.84Y	33.12S	33.72L	2/23/2024	2024 5A STATE MEET		
29.87 Y L	F	29.87Y	33.16S	33.76L	11/11/2023	CFB NON-TISCA		
30.35 Y L	F	30.35Y	33.69S	34.29L	10/26/2023	NORTHWEST V CREEKVIEW V MIDLOTHIAN V		
30.40 Y	F	30.40Y	33.74S	34.34L	9/30/2023	GCISD SPRINT PENTATHLON		
30.69 Y L	F	30.69Y	34.07S	34.67L	10/13/2023	NISD 5A INVITATIONAL		
30.78 Y	F	30.78Y	34.17S	34.77L	6/10/2023	NARWHALS TIME TRIALS 2023		
30.89 Y	F	30.89Y	34.29S	34.89L	6/28/2023	NORTHWEST V ARLINGTON 2023		
31.08 Y	F	31.08Y	34.50S	35.10L	6/21/2023	KELLER V NORTHWEST 2023		
31.15 Y	F	31.15Y	34.58S	35.18L	9/16/2023	NISD TIME TRIALS		
31.44 Y L	F	31.44Y	34.90S	35.50L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP		
31.46 Y L	P	31.46Y	34.92S	35.52L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP		
31.99 Y L	P	31.99Y	35.51S	36.11L	2/17/2023	2023 STATE 5A		
32.09 Y L	F	32.09Y	35.62S	36.22L	1/20/2023	DISTRICT 5-5A		
32.30 Y L	F	32.30Y	35.85S	36.45L	12/8/2022	NORTH DALLAS TISCA		
32.42 Y L	F	32.42Y	35.99S	36.59L	12/1/2022	NORTHWEST V AZLE V M. HERITAGE V PASCHA		
32.50 Y L	P	32.50Y	36.08S	36.68L	12/8/2022	NORTH DALLAS TISCA		
32.54 Y L	F	32.54Y	36.12S	36.72L	11/12/2022	CFB NON-TISCA		
32.73 Y L	F	32.73Y	36.33S	36.93L	10/14/2022	NISD 5A INVITATIONAL		

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Actual	P/F/S	SCY	SCM	LCM		
32.96 Y	F	32.96Y	36.59S	37.19L	9/20/2019	TIME TRIALS
33.21 Y L	F	33.21Y	36.86S	37.46L	10/27/2022	NORTHWEST V WICHITA FALLS
33.67 Y	F	33.67Y	37.37S	37.97L	9/17/2022	NISD TIME TRIALS
33.85 Y L	F	33.85Y	37.57S	38.17L	12/14/2022	MANSFIELD TIMBERVIEW V. NORTHWEST
35.53 Y	F	35.53Y	39.44S	40.04L	6/22/2022	NARWHALS V SUNFISH
35.96 Y L	F	35.96Y	39.92S	40.52L	6/22/2022	NARWHALS V SUNFISH
36.35 Y	F	36.35Y	40.35S	40.95L	6/11/2022	NORTHWEST NARWHALS TIME TRIALS
36.84 Y	F	36.84Y	40.89S	41.49L	6/29/2022	NARWHALS V MAKOS
57.71 Y	F	57.71Y	1:04.06S	1:04.66L	8/1/2013	BEST TIMES - USA SWIMMING
1:17.75 Y L	F	1:17.75Y	1:26.30S	1:26.90L	7/16/2022	NTSL REGIONAL MEET 2022
		35.85				
100 Back						
1:01.40 Y	F	1:01.40Y	1:08.15S	1:09.35L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
		29.08	32.32			
1:01.41 Y	F	1:01.41Y	1:08.17S	1:09.37L	12/7/2023	NORTH DALLAS TISCA
		29.00	32.41			
1:01.99 Y	P	1:01.99Y	1:08.81S	1:10.01L	2/9/2024	2024 REGION 2-5A CHAMPIONSHIP
		29.96	32.03			
1:03.36 Y	P	1:03.36Y	1:10.33S	1:11.53L	12/7/2023	NORTH DALLAS TISCA
		30.05	33.31			
1:05.38 Y	F	1:05.38Y	1:12.57S	1:13.77L	1/25/2024	DISTRICT 5-5A
		30.68	34.70			
1:06.58 Y	F	1:06.58Y	1:13.90S	1:15.10L	8/1/2013	BEST TIMES - USA SWIMMING
1:07.54 Y	F	1:07.54Y	1:14.97S	1:16.17L	10/19/2023	NORTHWEST V TIMBERVIEW V SUMMIT
		32.59	34.95			
1:08.07 Y	F	1:08.07Y	1:15.56S	1:16.76L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
		32.41	35.66			
1:08.43 Y	P	1:08.43Y	1:15.96S	1:17.16L	2/6/2023	2023 REGION 2-5A CHAMPIONSHIP
		32.81	35.62			
1:09.83 Y	F	1:09.83Y	1:17.51S	1:18.71L	1/20/2023	DISTRICT 5-5A
		33.32	36.51			
1:10.64 Y	F	1:10.64Y	1:18.41S	1:19.61L	12/8/2022	NORTH DALLAS TISCA
		33.57	37.07			
1:11.36 Y	P	1:11.36Y	1:19.21S	1:20.41L	12/8/2022	NORTH DALLAS TISCA
		33.10	38.26			
1:13.43 Y	F	1:13.43Y	1:21.51S	1:22.71L	10/14/2022	NISD 5A INVITATIONAL
		34.73	38.70			
50 Breast						
37.61 Y	F	37.61Y	41.75S	42.75L	9/30/2023	GCISD SPRINT PENTATHLON
37.67 Y N	F	37.67Y	41.81S	42.81L	6/21/2023	KELLER V NORTHWEST 2023
37.86 Y	F	37.86Y	42.02S	43.02L	6/10/2023	NARWHALS TIME TRIALS 2023
38.52 Y	F	38.52Y	42.76S	43.76L	9/16/2023	NISD TIME TRIALS
42.29 Y	F	42.29Y	46.94S	47.94L	9/17/2022	NISD TIME TRIALS
44.58 Y	F	44.58Y	49.48S	50.48L	9/20/2019	TIME TRIALS
46.02 Y	F	46.02Y	51.08S	52.08L	6/11/2022	NORTHWEST NARWHALS TIME TRIALS
1:15.00 Y	F	1:15.00Y	1:23.25S	1:24.25L	8/1/2013	BEST TIMES - USA SWIMMING
100 Breast						
1:18.16 Y	F	1:18.16Y	1:26.76S	1:28.76L	11/11/2023	CFB NON-TISCA
		36.86	41.30			
1:18.58 Y	F	1:18.58Y	1:27.22S	1:29.22L	11/30/2023	NORTHWEST V AZLE V GRANBURY V WICHITA
		38.11	40.47			

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Age: 15 Birthdate: 5/25/2008

Actual	P/F/S	SCY	SCM	LCM		
1:28.73 Y		F	1:28.73Y	1:38.49S	1:40.49L	1/10/2023 NISD SENIOR MEET
	42.04		46.69			
1:31.16 Y		F	1:31.16Y	1:41.19S	1:43.19L	11/12/2022 CFB NON-TISCA
	42.96		48.20			
1:35.23 Y		F	1:35.23Y	1:45.71S	1:47.71L	10/27/2022 NORTHWEST V WICHITA FALLS
	44.68		50.55			
50 Fly						
30.12 Y		F	30.12Y	33.43S	34.13L	6/10/2023 NARWHALS TIME TRIALS 2023
30.23 Y		F	30.23Y	33.56S	34.26L	9/16/2023 NISD TIME TRIALS
30.53 Y		F	30.53Y	33.89S	34.59L	9/30/2023 GCISD SPRINT PENTATHLON
35.22 Y		F	35.22Y	39.09S	39.79L	9/20/2019 TIME TRIALS
37.40 Y		F	37.40Y	41.51S	42.21L	9/17/2022 NISD TIME TRIALS
42.79 Y		F	42.79Y	47.50S	48.20L	6/11/2022 NORTHWEST NARWHALS TIME TRIALS
1:20.22 Y		F	1:20.22Y	1:29.04S	1:29.74L	8/1/2013 BEST TIMES - USA SWIMMING
100 Fly						
1:09.11 Y		F	1:09.11Y	1:16.71S	1:18.11L	11/11/2023 CFB NON-TISCA
	30.26		38.85			
1:12.51 Y		F	1:12.51Y	1:20.49S	1:21.89L	10/13/2023 NISD 5A INVITATIONAL
	32.78		39.73			
1:27.81 Y		F	1:27.81Y	1:37.47S	1:38.87L	12/14/2022 MANSFIELD TIMBERVIEW V. NORTHWEST
	38.26		49.55			
100 IM						
1:09.05 Y		F	1:09.05Y	1:16.65S	1:18.25L	9/30/2023 GCISD SPRINT PENTATHLON
	31.03		38.02			
200 IM						
NS Y		F	1/18/2024	NISD SENIOR MEET		
2:30.47 Y		F	2:30.47Y	2:47.02S	2:50.22L	11/2/2023 NORTHWEST V SMITH V TURNER V RANCHVIEW
	32.25		37.32	47.00	33.90	
2:33.15 Y		F	2:33.15Y	2:50.00S	2:53.20L	8/1/2013 BEST TIMES - USA SWIMMING
2:56.64 Y		F	2:56.64Y	3:16.07S	3:19.27L	10/27/2022 NORTHWEST V WICHITA FALLS
	40.03		41.69	56.45	38.47	
1 Meter 6 Dives						
179.95 Y		F	179.95Y			12/1/2022 NORTHWEST V AZLE V M. HERITAGE V PASCHA
152.95 Y		F	152.95Y			11/3/2022 NORTHWEST V CREEKVIEW V MIDLOTHIAN H
182.65 Y		F	182.65Y			1/10/2023 NISD SENIOR MEET
184.90 Y		F	184.90Y			12/14/2022 MANSFIELD TIMBERVIEW V. NORTHWEST
	38.26		2:26.64			
188.05 Y		F	188.05Y			10/19/2023 NORTHWEST V TIMBERVIEW V SUMMIT
190.10 Y		F	190.10Y			10/13/2023 NISD 5A INVITATIONAL
217.00 Y		F	217.00Y			10/26/2023 NORTHWEST V CREEKVIEW V MIDLOTHIAN V
1 Meter 11 Dives						
251.25 Y		P	251.25Y	2:56.00S	2:56.00L	2/17/2023 2023 STATE 5A
351.00 Y		F	351.00Y	2:56.00S	2:56.00L	12/7/2023 NORTH DALLAS TISCA
338.95 Y		F	338.95Y	2:56.00S	2:56.00L	2/17/2023 2023 STATE 5A
323.20 Y		F	323.20Y	2:56.00S	2:56.00L	2/6/2023 2023 REGION 2-5A CHAMPIONSHIP
312.80 Y		F	312.80Y	2:56.00S	2:56.00L	10/14/2022 NISD 5A INVITATIONAL
309.25 Y		F	309.25Y	2:56.00S	2:56.00L	11/2/2023 NORTHWEST V SMITH V TURNER V RANCHVIEW
296.60 Y		F	296.60Y	2:56.00S	2:56.00L	12/8/2022 NORTH DALLAS TISCA
360.80 Y		F	360.80Y	2:56.00S	2:56.00L	1/20/2023 DISTRICT 5-5A