

**Top Times Report for John A Williams****Age: 19 Birthdate: 1/24/2005**

| Time        | P/F/S |           |                  |          |            |                                |       |       |       |
|-------------|-------|-----------|------------------|----------|------------|--------------------------------|-------|-------|-------|
| 50 Free     |       |           |                  |          |            |                                |       |       |       |
| NS Y        | F     | 9/17/2022 | NISD TIME TRIALS |          |            |                                |       |       |       |
| 27.40 Y N   | F     | 27.40Y    | 30.41S           | 31.21L   | 1/18/2024  | NISD SENIOR MEET               |       |       |       |
| 28.94 Y N   | F     | 28.94Y    | 32.12S           | 32.92L   | 2/3/2024   | 2024 NON REGIONAL CHAMPIONSHIP |       |       |       |
| 28.98 Y     | F     | 28.98Y    | 32.17S           | 32.97L   | 11/2/2023  | JV PRACTICE MEET 2             |       |       |       |
| 29.31 Y     | F     | 29.31Y    | 32.53S           | 33.33L   | 1/28/2023  | NON REGIONAL QUALIFIER 2023    |       |       |       |
| 29.60 Y L   | F     | 29.60Y    | 32.86S           | 33.66L   | 1/18/2024  | NISD SENIOR MEET               |       |       |       |
| 29.87 Y     | F     | 29.87Y    | 33.16S           | 33.96L   | 9/16/2023  | NISD TIME TRIALS               |       |       |       |
| 30.17 Y N   | F     | 30.17Y    | 33.49S           | 34.29L   | 1/28/2023  | NON REGIONAL QUALIFIER 2023    |       |       |       |
| 30.27 Y     | F     | 30.27Y    | 33.60S           | 34.40L   | 12/15/2022 | NORTHWEST ISD JV MEET          |       |       |       |
| 30.36 Y     | F     | 30.36Y    | 33.70S           | 34.50L   | 10/26/2023 | JV PRACTICE MEET               |       |       |       |
| 30.48 Y N   | F     | 30.48Y    | 33.83S           | 34.63L   | 12/15/2022 | NORTHWEST ISD JV MEET          |       |       |       |
| 30.72 Y N   | F     | 30.72Y    | 34.10S           | 34.90L   | 2/3/2024   | 2024 NON REGIONAL CHAMPIONSHIP |       |       |       |
| 100 Free    |       |           |                  |          |            |                                |       |       |       |
| 1:03.67 Y   | F     | 1:03.67Y  | 1:10.67S         | 1:12.27L | 10/26/2023 | JV PRACTICE MEET               |       |       |       |
|             |       | 29.88     | 33.79            |          |            |                                |       |       |       |
| 1:05.56 Y   | F     | 1:05.56Y  | 1:12.77S         | 1:14.37L | 2/3/2024   | 2024 NON REGIONAL CHAMPIONSHIP |       |       |       |
|             |       | 30.49     | 35.07            |          |            |                                |       |       |       |
| 1:06.72 Y N | F     | 1:06.72Y  | 1:14.06S         | 1:15.66L | 11/11/2023 | CFB NON-TISCA                  |       |       |       |
| 1:07.08 Y   | F     | 1:07.08Y  | 1:14.46S         | 1:16.06L | 9/16/2023  | NISD TIME TRIALS               |       |       |       |
|             |       | 30.47     | 36.61            |          |            |                                |       |       |       |
| 1:07.20 Y   | F     | 1:07.20Y  | 1:14.59S         | 1:16.19L | 1/28/2023  | NON REGIONAL QUALIFIER 2023    |       |       |       |
|             |       | 32.03     | 35.17            |          |            |                                |       |       |       |
| 1:09.32 Y N | F     | 1:09.32Y  | 1:16.95S         | 1:18.55L | 12/15/2022 | NORTHWEST ISD JV MEET          |       |       |       |
| 1:16.71 Y   | F     | 1:16.71Y  | 1:25.15S         | 1:26.75L | 9/17/2022  | NISD TIME TRIALS               |       |       |       |
|             |       | 35.06     | 41.65            |          |            |                                |       |       |       |
| 200 Free    |       |           |                  |          |            |                                |       |       |       |
| 2:39.51 Y   | F     | 2:39.51Y  | 2:57.06S         | 3:00.26L | 12/15/2022 | NORTHWEST ISD JV MEET          |       |       |       |
|             |       | 31.86     | 39.23            | 43.71    | 44.71      |                                |       |       |       |
| 500 Free    |       |           |                  |          |            |                                |       |       |       |
| 6:42.38 Y   | F     | 6:42.38Y  | 5:55.28S         | 6:01.68L | 1/18/2024  | NISD SENIOR MEET               |       |       |       |
|             |       | 34.07     | 37.14            | 40.83    | 42.43      | 41.57                          | 42.25 | 41.07 | 42.42 |
|             |       | 41.13     | 39.47            |          |            |                                |       |       |       |
| 7:01.31 Y   | F     | 7:01.31Y  | 6:11.85S         | 6:18.25L | 11/11/2023 | CFB NON-TISCA                  |       |       |       |
|             |       | 33.76     | 40.53            | 44.22    | 43.44      | 43.64                          | 44.73 | 43.68 | 44.52 |
|             |       | 43.83     | 38.96            |          |            |                                |       |       |       |
| 50 Back     |       |           |                  |          |            |                                |       |       |       |
| 35.27 Y L   | F     | 35.27Y    | 39.15S           | 39.75L   | 11/11/2023 | CFB NON-TISCA                  |       |       |       |
| 35.43 Y L   | F     | 35.43Y    | 39.33S           | 39.93L   | 12/14/2023 | NISD JV MEET                   |       |       |       |
| 35.63 Y     | F     | 35.63Y    | 39.55S           | 40.15L   | 9/16/2023  | NISD TIME TRIALS               |       |       |       |
| 41.58 Y     | F     | 41.58Y    | 46.15S           | 46.75L   | 9/17/2022  | NISD TIME TRIALS               |       |       |       |
| 100 Back    |       |           |                  |          |            |                                |       |       |       |
| 1:15.57 Y   | F     | 1:15.57Y  | 1:23.88S         | 1:25.08L | 2/3/2024   | 2024 NON REGIONAL CHAMPIONSHIP |       |       |       |
|             |       | 36.49     | 39.08            |          |            |                                |       |       |       |
| 1:18.61 Y   | F     | 1:18.61Y  | 1:27.26S         | 1:28.46L | 12/14/2023 | NISD JV MEET                   |       |       |       |
|             |       | 37.94     | 40.67            |          |            |                                |       |       |       |
| 1:19.90 Y   | F     | 1:19.90Y  | 1:28.69S         | 1:29.89L | 1/18/2024  | NISD SENIOR MEET               |       |       |       |
|             |       | 39.80     | 40.10            |          |            |                                |       |       |       |
| 1:20.41 Y   | F     | 1:20.41Y  | 1:29.26S         | 1:30.46L | 10/26/2023 | JV PRACTICE MEET               |       |       |       |
|             |       | 37.14     | 43.27            |          |            |                                |       |       |       |

**Age: 19 Birthdate: 1/24/2005**

| Actual                                          | P/F/S | SCY        | SCM           | LCM      |           |                    |
|-------------------------------------------------|-------|------------|---------------|----------|-----------|--------------------|
| 50 Breast                                       |       |            |               |          |           |                    |
| 46.39 Y                                         | F     | 46.39Y     | 51.49S        | 52.49L   | 9/16/2023 | NISD TIME TRIALS   |
| 100 Breast                                      |       |            |               |          |           |                    |
| 1:40.71 Y                                       | F     | 1:40.71Y   | 1:51.79S      | 1:53.79L | 11/2/2023 | JV PRACTICE MEET 2 |
| 47.79                                           |       | 52.92      |               |          |           |                    |
| 50 Fly                                          |       |            |               |          |           |                    |
| 37.95 Y                                         | F     | 37.95Y     | 42.12S        | 42.82L   | 9/16/2023 | NISD TIME TRIALS   |
| 100 Fly                                         |       |            |               |          |           |                    |
| 1:28.80 Y                                       | F     | 1:28.80Y   | 1:38.57S      | 1:39.97L | 11/2/2023 | JV PRACTICE MEET 2 |
| 37.84                                           |       | 50.96      |               |          |           |                    |
| 200 IM                                          |       |            |               |          |           |                    |
| DQ Y                                            | F     | 11/11/2023 | CFB NON-TISCA |          |           |                    |
| 37.29                                           |       | 42.37      | 53.23         | 46.82    |           |                    |
| 3F Non-simultaneous arms - breast               |       |            |               |          |           |                    |
| DQ Y                                            | F     | 12/14/2023 | NISD JV MEET  |          |           |                    |
| 38.61                                           |       | 42.26      | 55.83         | 39.59    |           |                    |
| 2L Shoulders past vertical toward breast - back |       |            |               |          |           |                    |